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NFL head coach Mike Smith lead one of the most remarkable turnarounds in NFL history. In the season prior to his arrival in 2008, the Atlanta Falcons had a 4–12 record and the franchise had never before achieved back-to-back winning seasons. Under Smith’s leadership, the Falcons earned an 11–5 record in his first season and would go on to become perennial playoff and Super Bowl contenders earning Smith AP Coach of year in 2008 and voted Coach of Year by his peers in 2008, 2010 and 2012. You Win in the Locker Room First draws on the extraordinary experiences of Coach Mike Smith and Jon Gordon—consultant to numerous college and professional teams—to explore the seven powerful principles that any business, school, organization, or sports team can adopt to revitalize their organization. Step by step, the authors outline a strategy for building a thriving organization and provide a practical framework that give leaders the tools they need to create a great culture, lead with the right mindset, create strong relationships, improve teamwork, execute at a higher level, and avoid the pitfalls that sabotage far too many leaders and organizations. In addition to sharing what went right with the Falcons, Smith also transparently shares what went wrong his last two seasons and provides invaluable lessons leaders can take away from his victories, success, failures and mistakes. Whether it’s an executive leadership team of a Fortune 500 company, a sports team, an emergency room team, military team, or a school team successful leaders coach their team and develop, mentor, encourage, and guide them. This not only improves the team, it improves the leaders and their relationships, connections, and organization. You Win in the Locker Room First offers a rare behind-the-scenes look at one of the most pressure packed leadership jobs on the planet and what leaders can learn from these experiences in order to build their own winning team. Xander has always had two constants in his life : Christian and basketball. He & Christian manage to stay together from high school to the NBA, but the pressure of fame, and of pretending to be just friends is harder than Xander imagined. When their secret is exposed, Xander faces losing one, or both, of the things he loves best. Grace Hardwick's dad is a science fiction writer who makes his living destroying the world. When Grace decides to go away for her first year of college her dad, Robert, can't help but think of all of the potential ways that society could collapse and strand his daughter hundreds of miles from home. Then, near the end of her freshman year, it happens. Like a scene from one of Robert's books, coordinated terror attacks take place at dozens of locations around the country - including on the campus of Grace's university. Grace and her father barely have time for a single rushed phone call before they lose signal. In that call, Robert reminds his daughter of the key he gave her when she left for school - the key that she constantly wears around her neck. She doesn't know what it opens. She doesn't know where the engraved numbers will lead her. All she knows is that her dad is not the type to let her go hundreds of miles from home with no backup plan. With her roommate in tow, Grace embarks on a treacherous journey that may lead her home or may lead her right into the path of another stranded traveler -- a disturbed gamer who sees nothing but opportunity in a world that now closely resembles that of his favorite video games. Phil Pepe spent years as the New York Daily News Yankee beat reporter, rubbing shoulders with countless Yankee greats, from Mickey Mantle and Yogi Berra to Derek Jeter and Mariano Rivera. While he was there to report on the action that occurred on the field, as well as the many disruptions occurring in the locker room?especially during the tumultuous seventies when Billy Martin and the "Boss" were constantly at one another's throats?that directly affected the team's performance on the field, Pepe also saw a world that never made the papers. Yankee Doodles humanizes the legends we have come to love and worship. We get to know the players as Pepe did, once the lights and cameras were turned off. For instance, Pepe recounts the story of Jackson's miraculous three homerun World Series game when, in his exhilaration, Jackson literally gave Pepe the pants off his butt! This simple story shows a side of Reggie Jackson?a Yankees superstar?that reminds us that these men are often nothing more than boys playing a game they love. Other favorites include the time Pepe went shopping with Berra, who was looking for a birthday present for his wife; the day Yankees pitchers Fritz Peterson and Mike Kekich swapped wives, children, homes and even pet dogs; when Mantle graciously paid for a stranger's dinner; and so much more! This book offers a behind-the-scenes glimpse at some of the greatest Yankee heroes. It is a must-read for Yankee fans and baseball lovers alike! Skyhorse Publishing, as well as our Sports Publishing imprint, are proud to publish a broad range of books for readers interested in sports?books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. Whether you are a New York Yankees fan or hail from Red Sox nation; whether you are a die-hard Green Bay Packers or Dallas Cowboys fan; whether you root for the Kentucky Wildcats, Louisville Cardinals, UCLA Bruins, or Kansas Jayhawks; whether you route for the Boston Bruins, Toronto Maple Leafs, Montreal Canadiens, or Los Angeles Kings; we have a book for you. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home. IT WAS AN HONEST MISTAKE... When Tom and Sheila Stanford buy Storage Locker #38, they think they're getting a few dozen boxes of misprinted T-shirts. Not worth much money, but perfect for the orphan kids down in Mexico. The Stanfords have no idea that their newly-purchased storage unit is a clandestine staging area for a Mexican drug family. They know nothing about the 640 million dollars of drug money hidden under all those T-shirts. Now Tom and Sheila are running for their lives, fighting to stay ahead of the murderous Canton Cartel. The assassins on their trail are utterly ruthless. For them, kidnapping, torture, and murder are all part of the job. But this time, they're not up against ordinary cops or civilians. Tom and Sheila Stanford are both retired from the United States Marine Corps. And there's no such thing as an ex-Marine... The middle school has a new locker room and these pubescent boys are about to discover the full effects of hormones and social hierarchy in this unrestrained microcosm. This updated edition captures the best stories from hockey's three-time Stanley Cup Champions. When their friend Lucy disappears into her locker, Sam and Antonio follow a trail of clues that lead them through the locker, deep inside their living school. Simultaneous. During his 27-year tenure with the San Diego Chargers, equipment manager Sid Brooks kept over 5,000 football players from appearing naked before their cheering fans. The first African-American to hold the job of equipment manager in the NFL, Brooks' job was to see that each player left the locker room in uniform. But the means to that end was far more complicated -- and outrageous -- than one would believe. Sid Brooks' Tales from the Chargers Locker Room takes the reader aboard the elevator to B2, the basement of Qualcomm Stadium, where the Chargers locker room is housed. In that basement, the equipment department and trainers, affectionately known as "dungeon rats," ran the Chargers locker room. There, Sid Brooks became caretaker for all who crossed its threshold. The locker room would be damp, dark, and quiet before the coffee and doughnuts arrived, before the arrogant swagger of the players and boom boxes, high-fives, and back-slapping brought the joint to life. Here Sid recreates that environment with tales from within the locker room, the team hotel, and the field of play, featuring stories about Chargers greats like Dan Fouts, Charlie Joiner, Kellen Winslow, Louie Kelcher, John Jefferson, Rodney Harrison, and Junior Seau. Sid recounts stories unique to a life spent working behind the scenes in the Chargers locker room. With an eye for detail, he recounts tales of spies sent out to capture the opposing team's playbooks; the night the lights went out on Don Schula; wild cab rides with Fouts, Joiner, and Winslow; the zany pre-game rituals and idiosyncrasies of Russ Washington, Wilbur Young, Pat Curran, Woodrow Lowe, and others; rivalries born not on the playing field, but at the dominoes table; and plenty of pranks and good-natured ribbing. Rarely does a book offer more than a passing glance at what makes a football team a family. But Chargers fans can rejoice, because Sid Brooks not only introduces the family, he A psychic teen senses something terrible in her new high school If you move around enough, every new school starts to look the same. But it doesn't take an hour for Marlee Fleming to realize that Edison, Missouri, has a sinister secret. There's something strange about Marlee, a power she doesn't quite understand. Certain objects make her hear and see things no one else can. This power makes her feel sick, and she wishes she knew how to make it stop. But when she opens her new locker on her first day in Edison, she hears screaming so loud she nearly passes out. Marlee's new friends—talkative Noreen, handsome Tyler, and bad-boy Jimmy Frank—say the locker belonged to Suellen Downing, a student who vanished the year before. Marlee doesn't want to get involved with small town mysteries; she just wants to keep her head down and do her work. But Suellen calls to her every time she opens her locker, and she cannot ignore the cries of the dead. This ebook features an illustrated biography of Richie Tankersley Cusick including rare photos and never-before-seen documents from the author's personal collection. Discusses steroids, other drugs, and performance enhancement As a Steelers broadcaster, analyst, and former offensive tackle, Tunch Ilkin has lived and breathed Pittsburgh football for the better part of the last four decades. With In the Locker Room: Tales of the Pittsburgh Steelers from the Playing Field to the Broadcast Booth, Ilkin provides insight into the Steelers' inner sanctum as only he can. Featuring conversations with players past and present as well as off-the-wall anecdotes, this is a reader's ticket to some of the most memorable moments and characters in Steel City football history. Growing up in a challenging family gave Maggie Holeman the determination to go against the system and prevail. During her career at the Anchorage airport, Maggie was instrumental in getting separate bathrooms, locker rooms, and hair regulations for women. Maggie was the first woman to achieve the award of weapon proficiency, being top gun, at the Sitka Police Academy. She developed and became one of the first training officers at that airport in both police and re. Maggie received a legislative commendation for bravery for her response to the YC-122 crash. After earning her BA in criminal justice, she worked as an adult probation/parole officer for the State of Alaska and Boy's Detention at McLaughlin Youth Center. After 23 years with the State of Alaska, Maggie retired to the small community of Hope, Alaska, population 150, where she runs a vegetarian bed and breakfast and spends her days peaceful without turmoil. Sam Graves's school is ALIVE! This series is part of Scholastic's early chapter book line called Branches, which is aimed at newly independent readers. With easy-to-read text, high-interest content, fast-paced plots, and illustrations on every page, these books will boost reading confidence and stamina. Branches books help readers grow! In the second book in the series, Sam Graves's friend Lucy disappears into her locker! Sam and his friend Antonio follow a trail of clues that leads them through the locker and deep inside the school. Will they find Lucy? Will they learn why the school is ALIVE? Sam and Antonio must rescue Lucy from this scary school before it's too late! "Tradition Never Graduates" In the late sixties Coach R.H. (Bob) Peters took a fledgling small college hockey program in northern Minnesota and turned it into the premier hockey program in the country. Since then the Bemidji State University Beavers have earned 27 final four appearances and 13 national titles. "Beaver Hockey" is not a term to be taken lightly. It encompasses a tradition of discipline, dedication and passion that has lasted through more than half a century. Every season builds on the previous one and no one team dares to boast. However, using the traditions of Beaver Hockey and the help of generations of former 'Beaver Greats,' the story of the 1984 team begs to be retold from Inside The Locker Room. In 1982 Bob Peters took a year-long sabbatical, leaving the program to a pair of young inexperienced coaches who, despite a series of setbacks, laid the groundwork for historic success. Filled with a terrible resolve, and a reinvigorated coach, the 1983 Beavers set course for the national title and their place in the record books. But first they had to navigate the many obstacles, internal and external, that stood in their way. Ride along with the Beaver Hockey team through fights in the streets, in the stands, on the ice and inside their own houses. They battled against each other as much as their opponents and yet they gelled as brothers focused on a single goal. Feel the pain and agony of each devastating loss. Experience firsthand the glory of victory, that ultimately led to the raising of the Stanley Cup itself. Reviews of the first Inside The Locker Room book on Amazon.com: "The characters skate right out of the pages, the pucks fly, and the fun and humor come from every direction." "What a great read! It makes you want to go back in time when things were simpler. In the game of life, Gibby is an all-star." Feel the agony of defeat. Experience the glory of victory! For Westwood senior Brynn Cadence, high school drama is taken to a whole new level when she discovers the dead body of a classmate on the football field one Friday night. When she tells the police she saw a masked figure fleeing up the bleachers, they dismiss her and label the death accidental. With no one believing what she saw, Brynn's internal walls start to go up. But there's one wall she has no control over—the one that separates her and Kyler Fellan's gym lockers. That's right, Brynn opens her locker only to find herself face-to-face with the shirtless abs of the school's star football player and resident flirt. While not an unwelcome surprise, Brynn knows she should leave her fluttering feelings for Kyler on the locker room floor in order to focus on exposing the truth of her classmate's death. But Kyler's top jock status has made him privy to some potentially useful gossip, making him a helpful and

trustworthy partner in her investigation. As two find themselves delving deeper into the case, they are inevitably drawn closer to each other—even if that isn't safe for either of them. Watch out, middle school! In her second foray out of graphic novels and into middle grade, Babymouse has a smartphone, and she's not afraid to use it. . . . Ping! Ping! The sound of texting is in the air. Everyone at middle school has a cell phone. Babymouse just has to get one, too. But having a phone is a lot of work! Building up a following on SoFamous, learning text lingo, keeping up with all the important koala videos . . . Babymouse is ready to tear her whiskers out. Why does it suddenly feel like she has no friends? Somehow, Babymouse needs to figure out how to stop worrying and love her smartphone . . . if Locker doesn't eat it first. Highly illustrated with black-and-white art throughout and a dozen or so comic pages, this is the perfect showcase for bestselling authors Jennifer L. Holm and Matthew Holm's signature humor. Middle school may never be the same! Watch out, Broadway! Babymouse tries out for the school play in the next book in the Babymousestastic, highly illustrated Babymouse: Tales from the Locker series. All of middle school's a play—at least, it seems that way to Babymouse. So when she hears about auditions for the school play, she jumps at the chance. She knows she's destined to be the lead! Or the lead's best friend. Or...Clown #2? Babymouse scrambles to memorize her one line, work on set design, and try to wrap her head around stage directions. But when the big show has a major glitch, it will take all of Babymouse's newfound skills to save the play. Le exhausted sigh. Watch out, Broadway! Babymouse tries out for the school play in the next book in the Babymousestastic, highly illustrated Babymouse: Tales from the Locker series. All of middle school's a play—at least, it seems that way to Babymouse. So when she hears about auditions for the school play, she jumps at the chance. She knows she's destined to be the lead! Or the lead's best friend. Or...Clown #2? Babymouse scrambles to memorize her one line, work on set design, and try to wrap her head around stage directions. But when the big show has a major glitch, it will take all of Babymouse's newfound skills to save the play. Le exhausted sigh. Sports builds character is a truism rarely questioned by Americans. Most parents encourage their children to take part in competitive athletics, and organized team sports are available to young people from the early years of grammar school through high school and college. Occasionally some disturbing incidents cast doubt on the assumption that sport is necessarily beneficial to character development: a serious injury on the playing field due to gratuitous violence, drug use, gambling, or sexual misconduct. Whole communities have wondered how organized team sports, supposedly designed to build character, can lead to such drastic deviations from the imagined ideals. In Lessons of the Locker Room, anthropologist Andrew W. Miracle Jr. and sociologist C. Roger Rees explore the fascinating underpinnings of school sports and examine the evidence to support the prevailing assumption that sport is an ennobling experience. They find that participation has little effect on positive character development. Far from building model citizens, their research shows that competitive team sports may foster selfish motives and antisocial behavior. Rather than learning self-sacrifice and dedication, athletes often pick up the message that winning isn't everything - it's the only thing. . . . an excellent supplementary text in undergraduate courses in the sociology of sport or the sociology of education. It also could serve to raise the consciousness of educational reformers and activist citizens. And, it is a valuable resource for academicians who are concerned about the role of sport in society but who do not maintain a research interest in the field. -The Association for the Study of Play. . . it belongs in the library of all sport sociologists interested in the relationships between sport and education. The book is a good example of functional analysis and might well be assigned to graduate classes in sport sociology and physical education. Educators pondering the future of sport in their schools would also be well advised to read it. -Sociology of Sport Journal Fornoff covered the A's for the Sacramento Bee. "This 365-day devotional 'yearbook' for teens offers biblical advice and guidance on topics such as faith, family, school, dating, and friendship"--Provided by publisher. Watch out, middle school! Babymouse graduates from graphic novels in the first of the Babymouse Tales from the Locker series--now in paperback! For Babymouse, middle school is like a monster movie. You can never be sure who's a friend and who's an enemy, and the halls are filled with mean-girl zombies. Instead of brains, the zombies hunger for stuff—the perfect wedge sandals or the right shade of sparkly lip gloss—and they expect everyone to be just like them. But Babymouse doesn't want to fit in—she wants to stand out! So she joins the film club to write and direct a sweeping cinematic epic. Will making the film of her dreams turn into a nightmare? Highly illustrated with black-and-white art throughout and a dozen or so comic pages, this is the perfect showcase for bestselling authors Jennifer L. Holm and Matthew Holm's signature humor. Middle school may never be the same! Watch out, Big City! Babymouse is on a field trip without a chaperone in the third book in the Babymousestastic, highly illustrated Babymouse: Tales from the Locker series. Babymouse's art class is headed to a museum in the Big City. And now that they're middle schoolers, she and her friends will be totally unsupervised! She can't wait to check out all the world-famous art...that is, until she overhears Felicia Furrypaws planning to ditch the museum and hit the town instead. Babymouse decides to test her freedom with an urban adventure of her own. Will she make it back to the museum before the bus leaves? Or will life in the Big City trip her up big-time? Have you heard the rumor around campus about the locker room? If you haven't, let me enlighten you: Legend has it if you bring a girl into the sacred after-game domain of the baseball locker room, it will end with a walk down the aisle. One rowdy and naked encounter against the lockers with the girl of your dreams will make her your wife. Translation: baseball players are stupidly superstitious and believe the locker room has magical powers. But not all baseball players are superstitious, me included. So when the girl I've fallen for brushes me off, I start to question if I need to switch my way of thinking. Maybe it's time I finally hand out a coveted invitation to the locker room. The only question is, will she accept? Discover how to achieve success together with this hands-on guide to the lessons found in The Locker Room In The Locker Room Playbook: A Practical Guide to Heal Hurt, Overcome Adversity, and Build Unity, bestselling author Damon West and player development coach Stephen Mackey teach you how to apply the principles and concepts found in The Locker Room. You'll find lists of core lessons, chapter summaries, detailed lesson breakdowns, discussion questions, exercises, and key takeaways in every chapter. You'll also discover: Insightful commentary on key concepts, including respect, loyalty, character, teamwork, prejudice, integrity, and mental health Crucial blueprints for helping athletes, professionals, and students learn how to navigate all aspects of their lives How to rely on your teammates, coaches, colleagues, leaders, and partners to achieve success together Filled with must-have team building and coaching resources, this book proves that there's always a path teams can take that allows them to work together. The Locker Room Playbook is your roadmap to finding that path and staying on it as you and your team work together to overcome adversity. Walking off the court or field for the last time, whether you're a high school athlete or a professional, can be a traumatic experience. You go from a world where sports takes up most of your time and thoughts to a place where you are going to be assessed and measured on a set of skills you may not have developed yet. Yet the skills you developed as an athlete—perseverance, being a team player, showing up on time, putting on a game face—can get you through the process of figuring out a game plan for the rest of your life. This book isn't just for athletes, but for anyone going through any major transition, from being a stay-at-home parent headed back into the work force, to changing jobs or careers, to life changes like divorce or losing a parent. The principles presented here can guide you through all kinds of transition. Leonard Wheeler loved playing professional football, but he knew that his football career wouldn't last forever. He did all he could to prepare for the day when he could no longer play. Even so, when his career-ending injury happened, he struggled. After learning from his own mistakes, he developed winning techniques to help others find their path beyond the locker room. This book also features leadership and transition advice from a variety of NFL, NBA, WNBA executives and former players, including Dale Davis, Eugene Robinson, Charlotte Smith, Troy Vincent, Andre Collins, Tracy Perlman, Felicia Hall Allen, and Hardy Nickerson. Former NFL player Leonard Wheeler has been motivating athletes, executives, and major corporations around the world for fifteen years. He has served organizations including the NBA, Capital One, MasterCard, and the USO as a dynamic speaker and executive coach. He is an entrepreneur and an active Regional Director for the NFL. Hello, Nancy. You're at your usual locker at Fitness Plus. The time is 09:15. Your cell phone is dead, your home phone won't answer and your daughter, Beth, is home with the nanny. It will take you 18 minutes to get home. If you drive fast. Shame. You're already 18 minutes late... The kidnappers' only stipulation is that Nancy must tell her husband, Michael. The problem is, she doesn't know where he is, or how to contact him. But she recalls him mentioning a number she should call if anything unusual happens. This triggers a Code Red at specialist security company Cruxys Solutions, who send investigators Ruth Gonzales and Andy Vaslik to track him down. But they can't find a single trace of him. What do you do when a child's life depends on finding a man who doesn't seem to exist? A white-knuckle suspense thriller that just won't let go, perfect for fans of Harlan Coben, Daniel Silva and Michael Connelly. Praise for The Locker 'Readers who enjoy Harlan Coben and Joseph Finder will happily get lost in the nightmare presented here' Booklist '[An] intriguing and inventive plot' Mystery Scene 'Magson is arguably one of the most entertaining writers of British spy fiction currently operating. His novels are sharp and exciting, with intelligent plots and interesting characters' Deadly Pleasures 'Gonzalez and Vaslik make an appealingly mismatched investigative unit' Kirkus Reviews Sonia St Claire and her twin sister, Sarah, suffered horrific abuse of all kinds in five different orphanages over the first fourteen years of their lives. The twins were subject to sexual abuse, sexual slavery and physical violence, as well as emotional and mental abuse and neglect that would leave both of them traumatised and scarred well into their adult lives. After mental breakdown and attempted suicide, incredibly Sonia then fought against the odds to reclaim the life meant for her, a life that had been stolen by her mother and caregivers for so many years. A true story that will shock and inspire, The Girl in the Locker is an incredible tale of survival that will stay with you long after you finish the last page. One of the significant benefits of participation in any athletic program is the life lessons of lasting value that can be learned. In this emblem book, Bret Hall, a soccer player, and Brian Oxley, a wrestler, have teamed up to share some of the life lessons they have learned through their experiences in the athletic arena. While these lessons were learned through the grit and sweat of tough athletic competition, their impact goes far beyond the locker room. In fact, they even reach beyond the physical realm into the moral and spiritual realm, penetrating deep into the soul. When their friend Lucy disappears into her locker, Sam and Antonio follow a trail of clues that lead them through the locker, deep inside their living school. Simultaneous. Discover The "Positive Mental Advantage" Join us for another winning addition of The Positivity Tribe series. In this follow-up to the bestselling book, Westchester State brings us into their locker room as they evaluate their team's culture. Just like a college basketball season, life is packed with adversity. Authors Christopher J. Wirth and Fred Quartlebaum have found that the most successful teams, schools, and organizations embody the concept of "WE Is Greater Than Me." While this book is about sports, it is also a metaphor for life. The Positivity Tribe in the Locker Room highlights the value of focusing on the details, and how small wins lead to huge victories. Sometimes a positivity note, a smile, encouraging words or letting someone know that you care makes all the difference. We welcome you on this journey to uncover the importance of your team's CULTURE. We fully believe in the mission and message of "WE Rise By Lifting Others Up," and we believe you will as well. Individually we are strong, but together we are Unstoppable!

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